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With a 6-1 Record, CRAWFORD, WILCOX and ESCOBAR give some of their training credit to POWERHANDZ for a competitive advantage.

DALLAS, TX-- POWERHANDZ, a local based training product company, has taken the Dallas metroplex by storm. Young professional athletes have monopolized upon the diverse line of training products to gain a competitive edge upon veteran players they are up against. POWERHANDZ CEO and Founder, Darnell Jones, states that, "the mission of POWERHANDZ performance enhancing athletic training products is to inspire each athlete to be the best by innovatively increasing inner drive and performance."

Tyrone Crawford, Defensive Tackle, emphasizes the training benefits that POWERHANDZ provides him at such a physical position by saying that "hand speed is crucial for a defensive lineman to succeed in the league. The POWERHANDZ weighted glove definitely helps with this." POWERHANDZ features an antigrip weighted glove which has the weight strategically placed around the flex points on the top side of the glove and an anti-grip material on the palm side of the glove to help increase ball control while training. The gloves weigh up to two pounds for each pair based on size.

Starting Safety, JJ Wilcox, acknowledges that ball security is crucial to playing at his position. Wilcox has stayed ahead of the curve by implementing the anti-grip weighted glove into his workout routines, saying, "the slickness of the inside of the gloves is a great training tool for a safety." Wilcox added that, "It makes it more difficult to catch, so I have to focus more than normal for the duration of the catch." Danyel Jones, COO and Co-Founder, mentions that, "POWERHANDZ products are scientifically based on the overload principle and to develop muscle memory, specifically to strengthen hand and arm muscles and increase players dexterity."

In addition to Wilcox and Crawford, Gavin Escobar, Tight End, has been using POWERHANDZ to continue growing one of his strengths, pass catching. He has demonstrated his skills the past two week as he has registered three touchdowns.

## **About POWERHANDZ, INC.**

The mission of POWERHANDZ performance enhancing athletic training products is to inspire each athlete to be the best by innovatively increasing inner drive and performance. POWERHANDZ products are designed to strengthen hand and arm muscles and increase players' dexterity for a variety of sports, including basketball, baseball, football and more. The POWERHANDZ product line consists of a weighted anti-grip glove, weighted pure grip glove and slick basketball and football wrap. All POWERHANDZ products were developed and designed based on training techniques used throughout the basketball career of company Founder and CEO, Darnell Jones. POWERHANDZ products are available online at www.POWERHANDZ.com.

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